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World Now Podcast - Episode 8 - Living in the Light with Shakti Gawain Shakti Gawain Affirmations

Shakti Gawain defined creative affirmation phrases as: To affirm means “to make firm”. An affirmation is a strong, positive

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statement that something is already so. It is a way of “making firm” that which you are imagining.

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Shakti Gawain is a very helpful tool in my own personal journey. Having to deal with some of my own demons, as we all do, I turned to this book to explore some positive methods to create effective affirmations.

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Create Your Own Affirmations: A
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Shakti Gawain Explains How
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Can Bring Positive Changes Shakti
Gawain is a teacher and author of
several popular personal
development books. She is most

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Benefits of Visualization and Affirmations: Shakti Gawain ...
Gawain, Shakti, 1948- Creative

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visualization / Shakti Gawain. p.
cm. Originally published:
Berkeley, Calif. : Whatever Pub.
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personal development. For over
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best-selling author and internationally renowned teacher of consciousness. Shakti has facilitated thousands of individuals in developing greater awareness, balance and wholeness in their lives.

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Shakti Gawain

Shakti Gawain (30 September 1948 – 11 November 2018) was a New Age and personal development author. Her books have sold over 10 million copies.

Shakti Gawain - Wikipedia

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“If you learn to relax deeply and do creative visualisation, you may be able to make far more effective changes in your life than you would by thinking, worrying, planning and trying to manipulate things and people” – Shakti Gawain Creative Visualisation.

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Gawain PDF - The Law Of ...

Shakti Gawain is an author and proponent of what she calls "personal development". Her books have sold over 10 million copies, according to her website.

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Gawain's best known book is "Creative Visualization".

Shakti Gawain (Author of Creative Visualization)

PURPOSE: Affirmations to call forth your highest self. By being calm and aware, I know intuitively

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the right thing to do, moment to moment. The more I focus my mind upon the good, the more good comes to me.—Louise Hay
My inner guidance is there for me to call on anytime I need or want extra clarity, wisdom, knowledge, support, creative

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inspiration, love, or
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simply to know what this moment
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Emerge Day by Day to a More
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with a gentle nudge toward greater awareness. This beautiful new edition of Awakening will guide you into closer alignment with the spiritual principles that govern all of life. The 365 entries are organized around the calendar year and the seasons.

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open you to new ways of being —
physically, mentally, emotionally,
and spiritually.

Explains how to develop the
many different levels of being and
details ways to achieve a greater
balance and wholeness in life

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Who am I? What is my purpose?
The answers to these questions
seemed to have been elusive for
many, or even yet the search still
hasn't started for some. We are
all students learning in the school
called Life. As we go through it,

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we learn the lessons that will help us realize the true essence of who we are and what we can do. The Path to Awesomeness provides the clues that will take us closer to the Truth that is already within us. It will illuminate our minds and open our hearts as it takes us

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to the story of a personal awakening, so that we can see for ourselves the answers we've all been searching for. It's a journey that reflects our own path to healing, self-discovery and self-actualization of becoming awesome – our super human

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potential. It's the adventure of a lifetime that awaits us in The Path to Awesomeness, our destiny in life which we can only embark by letting go of the old-trodden path. The Path to Awesomeness will teach us life's greatest lesson – that falling in Love requires a leap

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of faith, knowing and trusting God
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Do you sense that you have an

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inner wisdom that can be a guiding force for you, yet wonder how to connect with that intuitive self? How do you know which inner voices to listen to? For over thirty years, Shakti Gawain has helped readers address these questions. Living in the Light has

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parenting, health, money, and transforming the world help us put these teachings to practical use in our daily lives. Living in the Light is a comprehensive map to growth, fulfillment, and consciousness. As we grapple with personal, national, and

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global challenges on many fronts,
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